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## RQHR Obs/Gyne Team Wins the Golden Hysteroscope Award

At the recent 39th Global Congress of Minimally Invasive Gynecology held in Las Vegas, Nevada, Drs. John Thiel and Huse Kamencic (Obstetrics and Gynecology, RQHR), Dr. Angelina Lukwinski (Resident) and Dr. Hyung Lim (Community Health and Epidemiology, University of Saskatchewan) were presented the Golden Hysteroscope award for their study "A randomized double blind placebo controlled clinical trial of intravenous conscious sedation and oral analgesia for the Essure permanent birth control procedure".

The study's objective was to evaluate pain experienced by patients undergoing the Essure permanent birth control procedure in an ambulatory setting, comparing intravenous conscious sedation and oral analgesia. The authors found that the use of oral analgesia provides equivalent pain relief to intravenous conscious sedation.



Principal investigator, Dr. John A. Thiel (Obstetrics & Gynecology)

Their paper will be published in the Journal of Minimally Invasive Gynecology.

## Local Researcher Awarded for Developmental Coordination Disorder Work

Congratulations to Kyra Kane, a RQHR physiotherapist in the Children's Program, who recently won the Patricia Austin Graduate Student Research Award competition for her scholarly paper entitled "Contributions of trunk muscles to anticipatory postural control in children with and without developmental coordination disorder."

The award is for outstanding graduate student research in physical activity, given by the Patricia Austen Centre, University of Alberta, in conjunction with the North American Federation of Adapted Physical Activity (NAFAPA) organizing committee.

Kyra received \$2,000 and presented her paper in a special session at the NAFAPA Symposium 2010 held in



in Riverside, California. Kyra Kane (Masters student, Faculty of Kinesiology and Health Studies, University of Regina; Physiotherapist, Children's Program, RQHR)

Save the Date!



### RESEARCH SHOWCASE 2011

Putting RQHR Research on the Map

**Tuesday, June 21<sup>st</sup>, 2011**

12:00 - 4:00 p.m.  
Delta Regina

#### Events will include:

- Lunch
- Keynote Address
- Poster Viewing
- Podium Presentations
- Award Presentations

**Abstract Submission Deadline: April 15<sup>th</sup>, 2011**

## Library Launches Research Guide

The RQHR Health Sciences Library has created an *RQ Published Research* guide. Visit their website to find:

- research articles published by RQHR Staff
- research articles published by RQHR affiliates
- a list of studies currently in progress within the RQHR
- a featured author section where authors and their published work are highlighted.

You can find this guide on the Health Sciences Library home page or by following this link:

[http://rqhealth.libguides.com/rq\\_published\\_research/](http://rqhealth.libguides.com/rq_published_research/).

If you have any questions or a suggestion for improving the guide, please contact: [library@rqhealth.ca](mailto:library@rqhealth.ca) or call 766-4142.

## Pilot Project to Reduce Duplication in SK's Research Ethics Approval Process

Are you planning a study that will require Research Ethics approval from the Regina Qu'Appelle Health Region AND the University of Regina AND/OR the University of Saskatchewan? If so, Research and Performance Support would like your help in pilot testing a process to reduce unnecessary duplication in the Research Ethics Board (REB) approval process. The process, referred to as *simultaneous collaborative review*, will allow researchers requiring approval from more than one REB in Saskatchewan to submit their application "simultaneously" to the relevant Boards using the same REB application form.

Over the past 3 months, this process has been pilot tested on a limited number of studies. However, to determine if the new process saves time for researchers, it is necessary to identify eligible studies before they are submitted for review.

Please contact [research&performance@rqhealth.ca](mailto:research&performance@rqhealth.ca) to determine if your study is eligible. There are no obligations on your part, and it could save you from having to fill out multiple REB applications and then addressing reviewers' concerns from each of those Boards.

## Canadian Foundation on Fetal Alcohol Research: Grants

The Canadian Foundation on Fetal Alcohol Research (CFFAR) promotes interest and funds research related to the short and long-term bio-medical, psychological and social effects of alcohol consumption during pregnancy and the prevention of Fetal Alcohol Spectrum Disorder (FASD). CFFAR supports research covering all FASD aspects and will be awarding grants up to \$40,000 per year, for up to 2 years. CFFAR is most enthusiastic in providing this opportunity to encourage young scientists and medical investigators. CFFAR grant applicants will be required to secure matching support for the proposed project from academic, community or public agency sources. Applicants must submit a Letter of Intent by December 31, 2010.

For more information, please visit:  
<http://www.fasdfoundation.ca/applications.htm>.

## Research in the Region

A summary of RQHR research projects approved by the Research Ethics Board between July 1, 2010 and September 30, 2010.

**A Database Study of Prostate Biopsy Preparations and Outcomes: Retrospective Data on Infection Rates Following Pre-biopsy Administration of a Sodium Phosphate (Fleet) Enema vs. No Enema.** Investigators: J. Paré and Dr. M. McCarron (Diagnostic Imaging).

**An outcome evaluation of internet Cognitive Behavior Therapy (I-CBT) training for students and mental health service providers.** Investigators: Dr. H. Hadjistavropoulos (Department of Psychology).

**Contributions of balance and kinematic analysis to understanding the performance of fundamental movement skills among children with autism spectrum disorders.** Investigators: Dr. K. Staples, K. Kane and C. Zimmer (University of Regina Kinesiology and Health Studies).

**Evaluation of the Screening for Complications of Diabetes Service (Grenfell).** Investigators: H. Dorgan and D. Lewis (Rural Community Health).

**Impact of Releasing Time to Care: The Productive Ward™ - Relationship of outcomes and context in a nurse-led health care improvement innovation.** Investigators: Drs. G. Teare, T. Verrall, R. Baker, A. Sales, O. Sari, P. Woods, D. Goodridge, N. Sari, E. Quinlan, P. Griffiths, and J. Maben (Health Quality Council).

**Migraines: Guidelines, Management and Treatment at the Regina General Hospital and Pasqua Hospital Emergency Departments.** Investigators: Drs. K. Lawrence, A. Arnold, J. Sharif, A. Kluz and R. Taylor (Family Medicine).

**Multicenter, Double-blind, Randomized, Parallel-group, Monotherapy, Active-control Study to Determine the Efficacy and Safety of Dacilizumab High Yield Process (DAC HYP) versus Avonex (InterferonB-1a) in Patients with Relapsing-Remitting Multiple Sclerosis.** Investigators: Dr. F. Veloso and M. Shawush (Neurology).

**Research and Community Alliance for Quality of Life in Long Term Care (The QOL Team): Improving Care in Long-Term Care Facilities Through Health Provider Education and Focus Groups.** Investigators: Dr. T. Hadjistavropoulos, Dr. L. Thorpe, Dr. D. Alfano and Dr. O. Rahaman (Department of Psychology).

**Retrospective Review of Low Haemoglobin in the Haemodialysis Population.** Investigators: P. Ricci, Dr. B. Semchuk, M. Hepp, B. Lang, B. Gaell, C. Bodnar, L. Gross and V. Nelson (Pharmacy Practice).

**Saxagliptin Assessment of Vascular Outcomes Recorded in Patients with Diabetes Mellitus (Savor TIMI 53) (A multicentre, randomised, double-blind, placebo-controlled phase IV trial to evaluate the effect of saxagliptin on the incidence of cardiovascular death, myocardial infarction or ischaemic stroke in patients with type 2 diabetes).** Investigators: Drs. G. Achyuthan, K. Kontsiotis, S. Arndt, L. Salgado and A. Aboguddah (Family Medicine).

**The World Health Organization Global Survey for Maternal and Perinatal Outcomes in Canada/Canadian Perinatal Surveillance Network.** Investigators: Drs. G.D. Carson, S. Lee and B. A. Armson (Obstetrics and Gynecology).

**Urban Low Income Diabetes Project- Diabetes and Oral Health Clinic.** Investigators: B. Ing, R. Henriksen, J. Tejszerski, C. McConnell, K. Butler and E. Carleton (Population and Public Health).

**Wound Prevalence Study.** Investigators: J. Busch, D. Henry and K. Braun (Ostomy and Wound Care).

Have research news that you would like to share?  
Email us at [research&performance@rqhealth.ca](mailto:research&performance@rqhealth.ca)